



NEW MEXICO FARMERS' MARKETS

August 2020

Celebrate farmers during National Farmers' Market Week!

Farmers' markets bring people together, even when we're 6 feet apart! Farmers' markets continue to connect New Mexico's communities to delicious and nutritious food. Market managers are adaptable and committed to serving communities in innovative ways that keep everyone safe. Celebrate farmers' markets by using the link below to find your nearest market, and shop there all summer long!

[Find your local farmers' market here!](#)

**GET FARMERS' MARKET
REMINDERS AND
LOCAL FOOD TIPS!**

TEXT PEACH TO 21333

GET RECURRING TEXTS FROM:
GoodFoodNM

Msg&DataRatesMayApply



In celebration of National Farmers' Market Week, now you can sign up to get market reminders and healthy food shopping tips from your favorite farmers' market or farm stand! **Just text PEACH to 21333**, and then you'll be asked for the market or farm stand from which you want to receive weekly market reminders. It's that easy!

Sign up for GoodFoodNM today to get the personalized market reminders!

In celebration of National Farmers' Market Week, dig in to our seven new four-ingredient recipes!

Scroll down for a link to download the complete recipes.



Bean & Chorizo Stew

INGREDIENTS

(4 servings)

- 1/2 pound chorizo (*loose or in casings*)
- 1 pound tomatoes (*cherry or standard*)
- 1 cup dried pinto beans (*or any other locally grown dried bean*)
- 1 onion (*white or yellow*)



Farmers' Frittata

INGREDIENTS

(4 servings)

- 8 eggs
- 1/2 pound potatoes
- 1/2 onion (white or yellow)
- 4 ounces cheese (pick your favorite, or a combination)



Corn & Jalapeño Salad

INGREDIENTS

(4 servings as a side, 2 as a lunch)

- 1 cob sweet corn
- 2 jalapeños
- 1 sweet pepper
- 1/2 white onion



Blue Corn Shortbread

INGREDIENTS

(Makes about 25 cookies)

- 3/4 pound butter (*room-temperature*)
- 1 cup sugar (*plus extra for sprinkling*)
- 1 teaspoon vanilla extract
- 3 1/2 cups blue corn flour (*try 1/2 corn and 1/2 wheat, if you like*)



Zucchini Sliders

INGREDIENTS

(4 servings)

- 2 large zucchini (*choose ones with about a 2" to 3" diameter*)
- 1 pound ground beef or bison
- 1 egg
- Garnish of choice (*cheese, green chile, catsup, etc.*)



Cucumber & Onions

INGREDIENTS

(8 servings)

- 3 medium cucumbers, sliced (*about 4 cups*)

- 1/4 cup sugar
- 1/3 cup water
- 2/3 cup vinegar



Peach Butter

INGREDIENTS

(Makes about 6 cups)

- 3 pounds of locally grown peaches, pitted and quartered, but with the skins on (*about 9 peaches*)
- 1/4 cup water
- 1 cup New Mexico honey (*or to taste*)

[Download all of the recipes here!](#)



**August is
Local Food Connects Month!**