

**Vision:** To comply with Comprehensive Addiction Recovery Act (CARA) state law, Plans of Care will need to be created for all baby's substance exposed by using a non-judgmental approach in working with pregnant women and mothers dealing with substance use. The Plan of Care (POC) focuses on the baby and parents in offering supportive services.

**Focus:** Through collaborative partnerships with Pueblos, Tribes and Nations, these supportive services and culturally responsive resources will be identified as first line interventions and specific to the family's needs. This collaborative partnership will coordinate identification of families in need and connecting household members with needed services.

**Goal #1:** Community awareness with New Mexico (NM) tribal nations leadership on CARA and develop the POC process for tribal families through individualized meetings and comprehensive trainings. All CYFD field offices and tribal partners will receive the same comprehensive training on CARA and tribal notification protocols.

- Identify Task #1, responsible party and timeline (deadline)

**Goal #2:** Develop partnerships with NM Pueblos, Tribes and Nations for an understanding of the uniqueness of their Social Services and ICWA framework and to determine best approach for CARA notification for each pueblo, tribe and nation. In addition, to determine the best approach to connect tribal families with culturally responsive supportive services referrals for the continuity of care.

- Identify Task #1, responsible party and timeline (deadline)
- CARA Navigator to serve in this role with tribes until hospitals are on board

**Goal #3:** Develop a process with New Mexico Pueblos, Tribes, and Nations Social Services and ICWA programs regarding CARA notifications for the Plan of Care for families residing on or off tribal lands that are identified with having a tribal affiliation.

- Identify Task #1, responsible party and timeline (deadline)
- 2021 ICWA & CARA Tribal Contact Listing
- A CARA Plan of Care Checklist to ensure notification is made to tribes, care coordination and information sharing purposes.

**Goal #4:** Develop a collaborative relationship between Children, Youth & Families Department (CYFD), Department of Health (DOH), Human Services Department (HSD), Managed Care Organizations (MCOs), health care agencies and community programs and other supportive

services to better navigate the process in notification for a Plan of Care with hospital staff, with Statewide Central Intake (SCI) reports and for care coordination.

**Goal #5:** Develop a mechanism for information sharing to include a listing of community programs and resources available for community members within NM Pueblos, Tribes, and Nations.

- Identify Task #1, responsible party and timeline (deadline)
- Dedicated webpage via SHARE NM for CARA Page identifying statewide and tribal resources.

**Goal #6:** Assist hospitals and health care agencies in establishing direct lines of communication and relationships with NM Pueblos, Tribes and Nations at time of birth for the development of the Plan of Care for tribal infant's substance exposed, care coordination and understanding of culturally responsive supportive services for families.