



















September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Take 30 Actions in September to help solve hunger in New Mexico!		1 Send this calendar to all your friends and family! 	2 Take this calendar to the office and hang it up in the break room! 	3 Follow the food bank on social media! 	4 Tell a friend about the food bank! 	5 Use #HungerActionMonth in a social media post! 
6 Sign up to volunteer at the food bank! www.rafb.org/cervis	7  Learn more about hunger on our YouTube channel!	8 Add the RRAF HAM profile frame to your Facebook pic! 	9 Start a food drive at www.rafb.org/ofd 	10 HUNGER ACTION DAY! Make sure you wear orange and change your profile pic!		11 Remember 9/11 with a moment of silence in memory of those who lost their lives. 
13 Grandparents' Day! Make a donation in honor of your grandma or grandpa! 	14 Sign up to receive (awesome) monthly emails from www.rafb.org ! 	15 Download Charity Miles & walk to raise funds for the food bank! 	16 Write a food bank fact on a paper plate and send it to your local officials. 	17 Shop online at Amazon Smile & select the Food Bank as your charity 	18 Support the food bank by dining at a local tapnmcraft.com brewery or winery! 	19 Buy fresh produce at the farmers' market and donate it to the food bank! 
20 Text RRAF to 505.933.7732 to make a \$10 gift to the food bank 	21 Sign up for Smith's Community Rewards to help the Food Bank 	22 Register to vote & learn about your candidates' views on solving hunger & poverty 		23 Share a video about hunger from the food bank's YouTube channel 	24 Volunteer at the food bank (you signed up on the 6 th)! 	25 Attempt to eat 3 healthy meals on a typical SNAP budget (\$4.50) 
27 Share a #hunger fact from the food bank's social media pages. 	28 Help a friend get registered to vote at www.rafb.org/vote ! 	29 Tag the food bank w/ #HungerActionMonth in a social media post! 	30 Pledge to continue taking action against hunger! 			
Roadrunner.Food.Bank RoadrunnerFoodBank RoadrunnerFdBnk RoadrunnerFoodBank				Thank you for taking action against hunger. Together, we can solve hunger one helping at a time!		