



Quay County Health Council Impacts

THE MISSION of the Quay County Health Council is affecting change to improve the quality of life and health of Quay County residents.

HEALTH COUNCIL PRIORITIES

Established with Community Input

1. Obesity Prevention and Access to Health Care Services
2. Reduce Substance and Alcohol Misuse and Related Deaths
3. Increase Local Access to Specialty Health Care
4. Increased Local Prenatal Care Access
5. Increase Local Access to Oral Healthcare
6. Increase Consumer Health Literacy

Over **\$ 23 Million** leveraged between 1992 and 2021!

That is \$35 in community benefit for every \$1 in taxes invested in the Council.

DIRECT SERVICES DEVELOPED

IN PARTNERSHIP WITH COMMUNITY AGENCIES

- **Quay County Home Visiting Program**
- **Quay County Family Health Center:** Federally Qualified Sliding Fee Health Center
- **Medical Nutrition Therapy** direct services for those PHS patients with diabetes
- **School-based Mental Health Services**
- **Early Head Start**
- **Local Domestic Violence Hotline**
- **Behavioral health emergency** community response protocols
- **USDA Breakfast Program** for Tucumcari Public School students
- **Evidence-based sexuality education** in Tucumcari schools
- **School Alcohol-Free Zone Act** in partnership with Rep. Moore passed in 2005
- **Increased physical activity** opportunities through annual Fun Run, Strong Seniors program, and Quay Co on the Move Trails
- **11 Quay County Community Wellness Fairs**

Who is the

Quay County Health Council?

The Quay County Health Council is a group of volunteers who represent various sectors of the Quay County community. The Health Council is responsible for assessing community needs, establishing priorities, and developing plans of action to impact those priorities.

What do these successes mean to you?

Increased access to health care services and to food for Quay County residents.

Increased support for young families with a goal of improved parenting skills and better school success.

Diabetes Self-management Education: Sizable majority of patients who successfully completed the program lowered glucose levels enough to predict fewer complications.

Obesity Rate Among Quay County Adults decreased since 2011 by 32%. Adults meeting physical activity recommendations has increased by 7%.

Increased Knowledge of Available Resources among members and residents of the County

Overall more effective use of available resources through community partnerships coordinated by the Health Council.

CONTACT INFORMATION

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