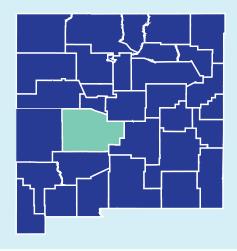
# SOCORRO COUNTY OPTIONS, PREVENTION AND EDUCATION HEALTH COUNCIL



# **MISSION:**

"We will work together to provide a method for community health decision making, to identify & prioritize health & safety needs, to establish & plan strategies for community health goals for the improvement of the health & quality of life in families & individuals of Socorro County."



Our county is home to multiple scientific research centers. While 9.8% of Socorro residents hold a PhD, wealth inequality is a major issue with 36% of our residents living in poverty. We are the 2nd largest county geographically with a population of 17,866.†

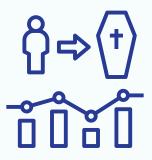
The county profile can be viewed here:

https://nmcdc.maps.arcgis.com/sharing/rest/content/items/5c81df3d76d74bbf8cc548d2

## **PRIORITIES:**

Behavioral Health, Access to Care, Healthy Eating & Active Living, Food Insecurity, and Substance Misuse.

# **Behavioral Health**



In 2020, the suicide rate was 228 per 100,000\*

# What have we been doing about it?

In 2020, we hosted a variety of behavioral health events including: a mental health event at NM Tech and Cottonwood Charter School, a youth summit for Socorro County Middle Schools, offered QPR training, narcan training and a showing of the Wellness Wednesdays movie series at the Loma Theatre.

We also made it a priority to generate and distribute a new behavioral health resources guide as well as suicide prevention pamphlets. Madgelena wellness program was created this year. The program is a phone call based health and wellness check for seniors and shut ins.

# **Food Insecurity**



26.6% of children age 0 to 17 are considered food insecure.

### What have we been doing about it?

SCOPE generated a variety of resource guides which have been instrumental in connecting community members and organizations. The health council has also been working on food availability with the Warrior Wellness Committee to provide a school food pantry and clothing closet. The community gardens have been a huge sucess in Socorro County. The first garden was established in 2019 and has expanded to 3 gardens in both the city and county. We have over 30 garden beds that produce fruits, vegetables, and herbs providing commodities to two food pantries as well as senior centers.

# **COVID-19 Pandemic**







# What have we been doing about it?

The health council works with local and regional organizations to address the pandemic and how to structure their role in Covid-19 response for the community. The council received funds from CDC/Kellogg foundation. These funds have allowed the council to work on health equity and community rebuilding.

Covid-19 vaccine equity is also a priority.



Because poverty is an issue in our county, many rural households lack access to a personal vehicle. To assist our community with transportation SCOPE purchased 15 bike racks and placed them all over the county. An additional 15 racks will be purchased this year.

To promote biking and tackle obesity, we launched a biking initiative. This event is held yearly. Information is disseminated at the event to encourage biking and bike safety.

- In 2019, the SCOPE Health Council obtained their 501(c)3 non-profit status. Since then, the council has worked to expand their capacity by increasing grant funding and hiring new staff.
- SCOPE participates in many community events and partners/plans with a variety of organizations.
- The health council expanded their community outreach by participating in the trunk-or-treat, Women's Fest, Magdalena Car Show, Magdalena School Spring Fling, Brain Awareness Week at NMT, Family Fun Fest, and Wellness Day.
- The council provided a youth summit for middle school students, which addresses mental health, substance misuse, coping mechanisms, and bullying/violence prevention.
- SCOPE's partners include: Department Of Health, Presbyterian Hospital, Presbyterian Medical Services, Warrior Wellness Coalition, the MRGEDA healthcare committee, the NMT Food Insecurities community, PMS guidance counsel, 100%
- communities iniatitive, Juveline Justice board of Socorro County, the Socorro County Prevention Coalition Core-team, and NMT ASAP,.

### SCOPE's subcommittees:

Food and Transportation, Grant, Thank You, Mental Health, and drug free community.

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Mailing: P.O. BOX 1861 Socorro, NM 87828 • Office: 411 N. California Street, Socorro, NM 87801 Meetings are held every 3rd Thursday from 12:00pm-1:30pm

- \* 2018 American Community Survey 5-Year Estimates
- $\ \, +\, \text{New Mexico Death Certificate Database, Office of Vital Records and Statistics, New Mexico Department of Health} \,$
- ‡ As of 9/20/20

§ Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Center for Disease Control and Prevention, with New Mexico Department of Health.



