

# BEHAVIORAL HEALTH INITIATIVE

Improving outcomes in our community

Filling the Gaps in the ABQ/BC Behavioral Health System Continuum



## BUILDING THE SYSTEM

- IDENTIFIED NEEDS, GAPS & LINKAGES
  - Considered Studies Back to 2002
  - 2014 Creating Community Solutions
  - 2014 City/County Task Force
  - 2015 CPI Report
- IDENTIFIED PRIORITY POPULATION
  - High utilizers of the system

Those who experience frequent mental health related emergency room visits in a 12-month period and/or have experienced frequent encounters with law enforcement and the criminal justice system.

## BHI LEVERAGES RESOURCES



NAVIGATING SYSTEM IMPROVEMENTS
AND LINKING SERVICE ENHANCEMENTS

#### LEVERAGING RESOURCES

## **APPROACH**

- COLLABORATION
  - Bernalillo County
  - City of Albuquerque
  - University of NM Hospital
  - Community Partners



- FOCUS ON IDENTIFIED 4 PRIORITY AREAS
  - Supportive Housing
  - Crisis Services
  - Community Supports
  - Prevention, Intervention and Harm Reduction

# ENSURE INDIVIDUALS WITH BEHAVIORAL HEALTH NEEDS ARE STABLY HOUSED

## HOW

Expand Independent Living Options
Within Evidence Based Housing Models



#### HOUSING MODELS

# Permanent Supportive Housing

- Transitional Housing Level 1: Least Supportive Services Needed
- o Scattered Site − Level II: More Supportive Services Needed
- Single Site Level III: Most Supportive Services Needed



## **PROJECTS**



- APPROVED TO DATE
  - Community Connections
    - Level II: Jail Re-Entry Diversion Service
  - Community Connections
    - Level II: Expanded Scattered Site PSH Service
  - Youth Transitional Living
    - Level 1: New Supportive Services for Transition-aged Youth

## **PROJECTS**



- IN REVIEW
  - Single Site
    - Level III: New Service for High Need Individuals
- PROPOSED
  - Youth Transitional Living in PSH
    - Level II: New Jail Re-Entry Diversion Program for CYFD Aged-Out Youth
  - Independent Living
    - Level 1: Potential to Expand Recovery or Sober Living Housing for Clients Who are Higher Functioning and Employable

## Benefits



- Transitional Housing Level 1
  - Active Program Participation
  - Increased Employment and Sobriety
  - Less Contact with Criminal Justice System
  - Successful Exit/Transition from the Program
- Scattered Site Level II
  - Connection with Mainstream Benefits
  - Reduced Recidivism
  - Fewer EMT Services Needed
  - Improved Quality of Life
- Single Site Level III
  - Connection with Benefits (SSI, GA, Medicare, Medicaid)
  - Reduced Recidivism
  - Fewer EMT Services Needed
  - Medication Compliance and Stability



## OUTCOMES

#### • SHORT-TERM

- Expediency of Housing Placement
- Connection to Supportive Services
- Access to Routine and Preventative Medical and Behavioral Health Care

#### LONG-TERM

- Increased Housing Stability
- Reduced Use of Homelessness and Shelter Services
- Reduced Involvement with the Criminal Justice System
- Reduced Reliance on Emergency Medical and Behavioral Health Services

