

COMMUNITY AMENITIES

LOCAL BUSINESSES*

- 1 Taqueria El Paisa
- 2 Sabroso Foods
- 3 P B & J Family Services Inc
- 4 Pupuseria Y Restaurant Salvadoreno
- 5 Little Anita's Mexican Foods
- 6 4 A's Cafe
- 7 Armageddon Paintball Park
- 8 AirDance ArtSpace
- 9 Mushroom Music Store
- 10 Dolores New Mexico Chili
- 11 Coors Cafe
- 12 Friendly Crafts
- 13 Rio Grande Fruits & Vegetables

COMMUNITY SERVICES

- 14 SV Economic Development Center
- 15 South Valley Library
- 16 SV Multi-Purpose Senior Center
- 17 Erda Gardens and Learning Center
- 18 First Choice Community Health
- 19 Extra
- 20 La Plazita Institute
- 21 School On Wheels
- 22 South Valley Care Center
- 23 U.S. Immigration Support Center
- 24 US Post Office

NEIGHBORHOOD ASSETS

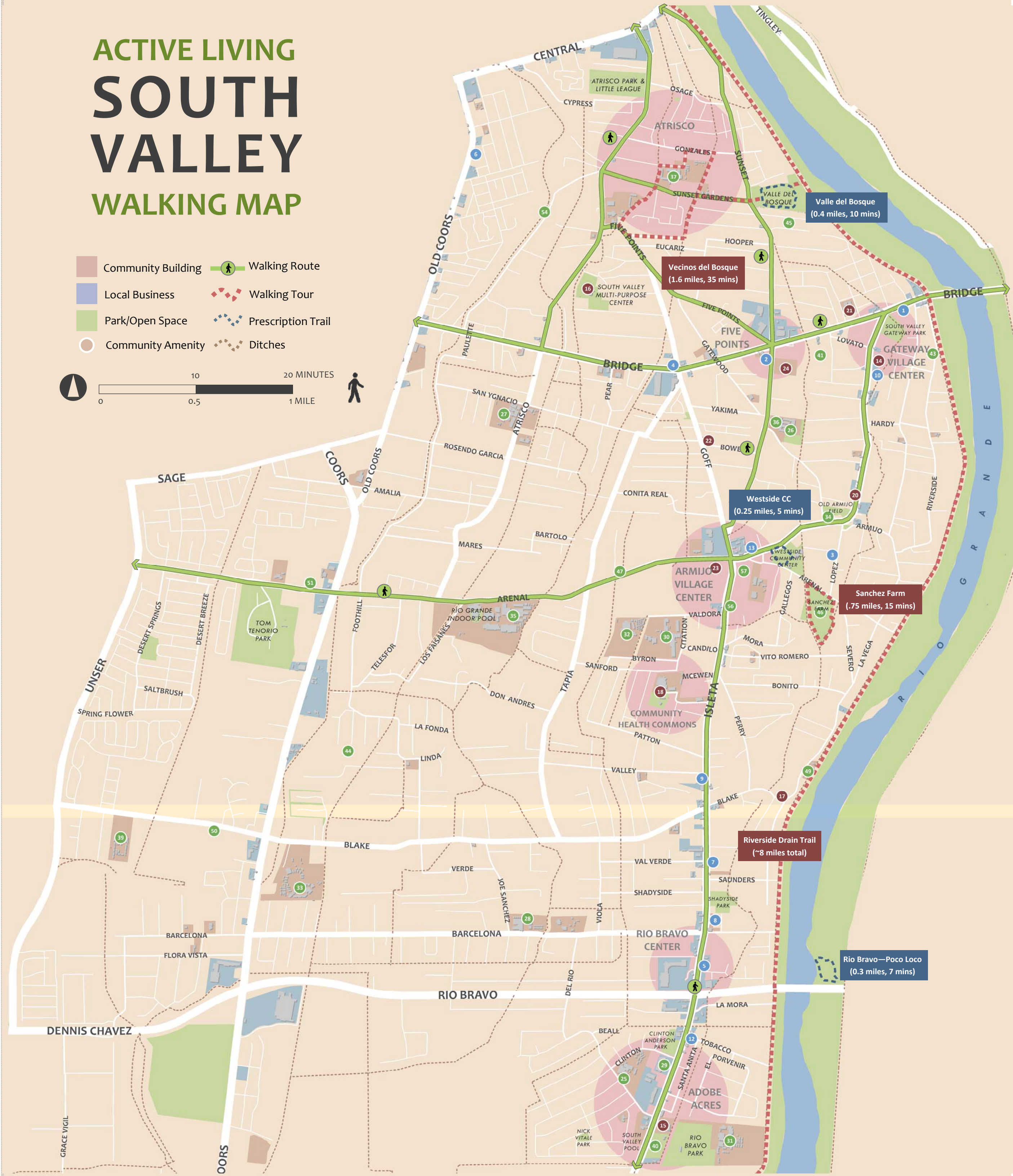
- 25 Adobe Acres Elementary School
- 26 Armijo Elementary
- 27 Atrisco Elementary
- 28 Barcelona Elementary School
- 29 El Camino Real Academy
- 30 Ernie Pyle Middle School
- 31 Harrison Middle School
- 32 Kit Carson Elementary School
- 33 Navajo Elementary School
- 34 Nuestros Valores Charter School
- 35 Rio Grande High School
- 36 South Valley Academy
- 37 Valle Vista Elementary
- 38 Atrisco Heritage Academy
- 39 Robert F Kennedy Charter School
- 40 South Valley Swimming Pool
- 41 Chispas Farm
- 42 Deluxe Valley Orchard
- 43 EcoStep Farm
- 44 Fern Anderson Farm
- 45 Red Tractor Farm
- 46 Sanchez Farm
- 47 Broken M Ranch
- 48 Old San Jose Church
- 49 Evangelico Cemetery
- 50 San Jose De Armijo Cemetery
- 51 Los Padillas Cemetery
- 52 Pajarito Cemetery
- 53 Santa Clara Cemetery
- 54 The New America School

* This list includes only a small subset of local businesses in the South Valley to highlight the variety of restaurants and retail locations in each neighborhood.



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ACTIVE LIVING SOUTH VALLEY WALKING MAP



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PRESCRIPTION TRAILS

Prescription Trails are suggested walking and wheelchair accessible trails that are designed to promote healthy lifestyles. Taking a walk along a prescription trail on a regular basis can help with the treatment and prevention of a number of chronic conditions such as diabetes, depression, and high blood pressure. In addition, using the prescription trails in the South Valley will give you an opportunity to explore some of the area's parks, schools, community centers, local businesses, and other assets—not to mention the area's rich culture. Additional walking trails may be found at prescriptiontrails.org

WESTSIDE COMMUNITY CENTER

Take a walk around the Westside Community Center. Enjoy the sports field and access to Isleta Ave.

DISTANCE: 0.25 miles

DIFFICULTY: Grade 2

STEPS: 530

TRAIL SURFACE: 5 foot wide packed dirt

ATTRACTIONS: shaded benches, picnic tables, playground, sports field, community center.

VALLE DEL BOSQUE

Located in a quiet neighborhood. Enjoy the sports fields, playgrounds and access to the nearby riverside drain trail.

DISTANCE: 0.4 miles

DIFFICULTY: Grade 2

STEPS: 845

TRAIL SURFACE: 10 foot wide concrete

ATTRACTIONS: sports fields, playground, access to Bosque and newly constructed riverside boardwalk.

RIO BRAVO OPEN SPACE

This quiet, shady trail loops under a canopy of cottonwoods in the Bosque and brings you within view of the Rio Grande. It also provides access to the paved trails along the Atrisco Riverside Drain and along Rio Bravo.

DISTANCE: 0.3 miles

DIFFICULTY: Grade 1

STEPS: 635

TRAIL SURFACE: 6 foot wide hard packed gravel
ATTRACTIONS: fully accessible fishing pier, picnic tables, access to other trails.



WALKING ROUTES

The South Valley is home to a rich cultural legacy that remains vibrant despite rapid changes in other parts of Albuquerque. The South Valley's strong identity can partly be seen in the Valley's small scale agriculture, community farms, extensive acequia network, open spaces, and traditional village centers. Although encompassing a large area, the South Valley is also one of the most rewarding places to explore on foot, with plenty of sights to see, amenities to visit, and history to uncover.

To start walking in the South Valley try one of these walking routes or create your own! And if you need motivation to start walking, just think: you'll get to **discover your neighborhood**, see local sights, **enjoy the weather**, get some fresh air, **meet your neighbors**, walk your dog, **talk to a friend**, relax, **develop peace of mind**, appreciate the smaller things, **burn extra calories**, improve your health, **inspire others**, and encounter new places.

Take a walk and **rediscover** the South Valley today!

VECINOS DEL BOSQUE

The acequias in this area are fun to explore and have supported farms and gardens in the South Valley for generations. This trail follows two acequias and connects to Valle del Bosque Park and the Bosque Riverside Drain Trail.

DISTANCE: 1.6 miles

TIME: 35-40 minutes

ATTRACTIONS: Valle Vista Middle School, Valle del Bosque Park, Atrisco neighborhood.

SANCHEZ FARM WALK

Enjoy this open space with farm plots and wildlife. Enter the site at the pedestrian gate near the acequia. Public events are offered throughout the year.

DISTANCE: 0.75 miles

TIME: 15-20 minutes

ATTRACTIONS: Garden plots and an acequia, wetlands, shaded area.

ATRISCO RIVERSIDE DRAIN TRAIL

The riverside drain follows the west side of the Bosque from Central to Rio Bravo. There are connections along this route to several community assets including: Valle del Bosque Park, Bridge Blvd, several agriculture sites, and the Old San Jose Church. This is an interesting route if you want to explore the South Valley a bit more off the beaten path.

DISTANCE: 2-10 miles (different segments)

TIME: 30 minutes to several hours

ATTRACTIONS: Valle del Bosque park and boardwalk, Old San Jose Church, Bosque, river views, agriculture sites.