



Creating Caring Communities

Who? You! Because all of us working in our communities encounter children and families who have experienced trauma.

What? This initiative invites us to align our efforts to build community-wide systems addressing the needs of children and families who have experienced homelessness and related trauma.

Why? Together we can create a community system of support that can break the cycle of poverty, instability, violence, and poor health and give every child a chance to thrive.

How? Professional development workshops engage participants with current research, practice and each other, to explore ways to improve individual, organizational and community efforts to support these children and families.

When? Participate in one of three no cost/low cost workshop offerings (see reverse side) and become part of a learning community with ongoing support. Be part of the solution!

Contact: Angela Merkert at angelam@clnkids.org or 505.843.6899
or Molly Grady at mmlwow@aol.com or (505) 280-4701

Visit our website:

<http://www.sharenm.org/communityplatform/newmexico/page/creatingcaringcommunities>

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Trauma – Resilience -- Change

Workshop Descriptions

Overview – a two-hour workshop that introduces the materials and methods used in the workshop series, described below. Participants will be able to identify how the CLNkids workshop modules can inform their practice and engage them as part of a system of support for vulnerable families. **No Cost**

Complete Workshop Series - Five sessions, each 2.5 hours, which address the following:

Module I: Foundations:

- What do we know about the impact of homelessness and other sources of trauma on children, families?
- What interventions are effective in supporting children and families who have experienced trauma?
- How does this translate into our work with young children and families?

Module II: Building Resilience

- What role does resilience play in our work?
- How do we help children, families and ourselves build resilience?

Module III: Reflective Practice and Change

- What is reflective practice and why is it essential in supporting resilience and change?
- How can you and your colleagues develop reflective practice and improve your work?

Module IV: Organizational Capacity

- What organizational structures, attitudes and policies does your organization have in place to work effectively with families experiencing homelessness? What is not in place?
- How does your organization ensure physical and emotional safety for clients and staff?
- Does your organization have effective processes for successful transitions into and out of your care?

Module V: Building a Caring Community

- How do we help create community-wide change, building on what is already happening?
- We can't do this alone; who can help and how? How do we engage “uncommon allies?”

Materials Fee: \$10 per person

Facilitator Workshop - A two-day session for those who want to be able to provide the workshops to their staff and/or interested community members. The workshop begins with the premise that teaching is a dynamic interaction between teacher and learner. Facilitators will explore ways to engage participants representing a variety of audiences and situations and to deepen and apply their understanding of the material.

Materials Fee: \$10 per person

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