

Suicide Facts & Figures:

New Mexico 2018*



On average, one person dies by suicide every 19 hours in the state.

More than twice as many people die by suicide in New Mexico annually than by homicide.

The total deaths to suicide reflect a total of 9,441 years of potential life lost (YPLL) before age 65.



Suicide cost New Mexico a total of **\$506,888,000** of combined lifetime medical and work loss cost in 2010, or an average of **\$1,227,332 per suicide death.**

*Based on most recent 2016 data from CDC. Learn more at afsp.org/statistics.



leading cause of death in New Mexico

2nd leading

cause of death for ages 15-44

5th leading

cause of death for ages 45-54

7th leading

cause of death for ages 55-64

14th leading

cause of death for ages 65 & older

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
New Mexico	471	22.49	4
Nationally	44,965	13.42	

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Suicide Prevention Programs and Initiatives

- New Mexico's Suicide Prevention Program (<https://nmhealth.org/about/phd/hsb/supp/>) is housed within the New Mexico Department of Health (NMDH). The NMDH Strategic Plan for 2014-2016 focuses on key preventive health services including suicide prevention; see <https://www.sprc.org/sites/default/files/New%20mexicohealth.pdf>.
- Three contracts are funded at the state and county levels to support a statewide suicide hotline network providing bilingual services to callers in crisis: the University of New Mexico Agora Crisis Line (1-866-HELP-1-NM), the New Mexico Crisis and Access Line (1-855-NMCRISIS), and Crisis Response of Santa Fe (505-820-6333).
- The Katishtya Embraces Youth Wellness and Hope (KEYWAH) Program, funded through the federal Garrett Lee Smith grant since 2014, develops and implements tribal youth suicide prevention and early intervention strategies, grounded in public and private collaboration.
- New Mexico Law (NMSA § 9-7-6.7) establishes a Clearinghouse for Native American Suicide Prevention to provide culturally appropriate suicide prevention, intervention and post-event assistance and culturally based Native American youth suicide prevention initiatives. The law (NMSA § 9-7-11.5) also establishes an Advisory Council to assist in developing policies, rules, and priorities for the Clearinghouse.

Get Involved

The **AFSP New Mexico Chapter** brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP New Mexico
newmexico@afsp.org

Become an Advocate

AFSP's New Mexico advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!